

# 2 day Inca Trek

## PACKING CHECKLIST

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### CLOTHES & SHOES

- Short sleeve t-shirt
- Long sleeve blouse
- Trekking trousers/shorts
- Rain trousers
- Wind/waterproof jacket
- Warm fleece
- Underwear and underwear
- Hiking socks
- Sun hat/cap
- Waterproof hiking boots
- Sandals
- Swimwear

### TOILETRIES

- Toothbrush and toothpaste
- Deodorant
- Contact lenses/glasses
- Insect repellent
- Sunscreen with high SPF
- Lip balm with SPF
- Sleep mask/earplugs
- Hairbrush
- Shower gel/shampoo
- Toilet paper

### MISC.

- Original passport
- Insurance certificate/card
- Cash for tipping
- Sunglasses
- Reusable water bottle
- Daypack with rain cover
- Snacks
- Quick-dry towel
- Hiking poles (rental possible)

### ELECTRONICS

- Mobile phone
- Camera
- Power bank
- Headlamp
- Binoculars

### MEDICINE

- Allergy medicines
- Painkillers
- Hand sanitiser
- Anti-sickness medicine
- First aid kit  
(incl. blister plasters)