# 4 day Inca/Salkantay Trek PACKING CHECKLIST

### DAYPACK

- Original passport
- O Insurance certificate/card
- Cash for tipping
- Sunglasses
- O Sun hat/cap
- Hat and scarf
- Sun cream with high SPF
- Lip balm with SPF
- Snacks
- Insect repellent
- Toilet paper
- Hand sanitiser
- Waterproof jacket/trousers
- Reusable water bottle
- Warm fleece
- Binoculars
- First aid kit (incl. blister plasters)

# **CLOTHES & SHOES**

- Short sleeve t-shirts
- O Long sleeve blouses
- Trekking trousers/shorts
- Wind/waterproof jacket
- O Underwear & pyjamas
- Hiking socks
- Waterproof hiking boots
- Sandals and sandals
- Swimwear

## MISC.

- Sleeping bag\*
- O Power bank
- Mobile phone
- Headlamp
- USB stick/ SD card
- Hiking poles (rental available)

# **TOILETRIES**

- Toothbrush and toothpaste
- O Deodorant
- Contact lenses/glasses
- Hair brush
- Shower gel/shampoo
- Quick-dry towel
- Allergy medicine
- Painkillers
- Anti-sickness medicine
- Sleep mask/earplugs

\*If you do not bring your own sleeping bag, you can rent a sleeping bag for an additional fee (must be pre-booked). It is recommended that you bring your own sleeping bag liner if you rent a sleeping bag.